

Registration/Donation Form

To participate in a Great Big Run for Africa, OR to make a donation, complete this form.

**PLEASE NOTE: All running participants will be asked to sign a waiver of liability for the event.*

Partners in the Horn of Africa is a registered Canadian charity and issues tax receipts for donations over \$20.00.

Name: _____

Address: _____

Phone: _____

E-mail: _____

Donation amount OR pledges collected (We appreciate all fundraising efforts however runners must raise \$1,000.00 minimum to participate due to limited space):

Distance you are willing to run:
5km / 10km / 15km / 20km / N/A

Preferred time of day:
Morning / Afternoon / Early Evening

T-shirt size (For purchase \$20.00):
XS / S / M / L / XL

Donors: Make your cheque(s) payable to *Partners in the Horn of Africa* and return to PO Box 309, Enderby, BC, V0E 1V0.

Participants: Please complete this form and submit to Nicole Rustad by October 20, 2008.

Fax: (250)868-8642

E-mail to: rnrustad@shaw.ca

All registered runners will receive a pledge form and pledges will be collected the day of the run.

You can change the world.

Visit: www.partnersinthehorn.org

250-838-2111

rnrustad@shaw.ca

"A Great BIG Run for Africa" was the idea of Alison Moscrop, Stephanie Moore and Crystal Flaman. Alison had been to Ethiopia to visit the projects that Partners in the Horn of Africa were doing. Alison was inspired by what she saw, especially meeting the women who had benefitted from micro loans and were making a better life for themselves and their children.

Awoken in the early morning by the sound of hundreds of people running along the streets of Addis Ababa the capital of Ethiopia, Alison learned that many people in Africa run as sport, training in whatever shoes they own (many with just flip flops) competing in races throughout the country. Upon her return to Canada, she wanted to do a fundraiser that incorporated running.

In 2005, "A Great Big Run for Africa" was born when Stephanie and Crystal, both friends and extreme athletes suggested that they run 100km to raise awareness and funds for *Partners in the Horn of Africa's* micro-financing program.

Today, "A Great Big Run for Africa" is completed as a relay, inviting anyone with a passion for helping to empower people to help themselves to participate!

A Great BIG Run For Africa

Sunday, October 26, 2008

- 7:00am** Quality Greens
Westbank
- 8:20am** Tim Hortons on the
East side of bridge
- 8:50am** Staples at Dilworth
Centre
- 10:00am** Kelowna
International Airport
- 10:45am** Shell Gas
Lake Country
- *There is a 7km section that will not be run for safety reasons; all runners will be inside the support RV*
- 12:20pm** Okanagan College
Vernon Campus
- 3:30pm** A&W Armstrong
- 5:15pm** Enderby

For More Info on the Run:

Contact Nicole Rustad at (250) 212-0774

rnrustad@shaw.ca





Background of Micro Financing With *Partners*:

Life for women in Ethiopia is hard. Consigned to household chores like fetching water and firewood, young girls often have difficulty completing school and end up as marginalized members of Ethiopian society. One effective way of addressing their plight is to help by providing micro financing loans to underprivileged women.

Alameetu Eshefae is starting to dream big. As a single mother, she used to work hard as a maid, supplementing her meager income making local beer. Since receiving her first micro finance loan of 500 Birr (about CDN\$70) her life has improved. She started a small vegetable business at the local market and after repaying her first loan she became entitled to a larger loan. She is typical of the 1600+ women participating in *Partners* micro financing projects.

Prizes:

- Stay in luxury chalet at Sliver Star Mountain Resort
- Penticton Canyon Tour for 4
- Many more!

Thank you to our Sponsors:

- Canadian Helicopters
- Kelowna Truck & RV
- Pushor Mitchell Lawyers
- Pro Sign



A Hand Up - Not a Hand Out

You may want to share your good fortune in this world to help make a difference. But it's hard to find a group working in the developing world that you can trust.

Partners in the Horn of Africa works in Ethiopia, the largest country in the "Horn of Africa" focusing on areas of greatest need-- infrastructure improvement, health & welfare, and women's anti-poverty projects.

Partners in the Horn of Africa is a non-denominational, registered Canadian charity.

They are unique because:

- 100% of all donations go directly to aid projects in Ethiopia.
- The African Partner... usually an indigenous charity or village... is required to contribute 15% to 20% of project costs
- Work is focused in the more remote areas of Ethiopia that are often ignored by other charities.

You can change the world.
Visit www.partnersinthehorn.org
(250) 838-2111



A Great BIG Run For Africa

What?

100km relay from Westbank to Enderby to raise funds & awareness for *Partners in the Horn of Africa*

How?

Runners collect donations and/or pledges with 100% of money raised going to *Partners'* micro financing projects.

Why?

Just \$70 can help one Ethiopian woman start a business to support her family. Imagine the impact of thousands of dollars!

When?

October 26, 2008 starting from Quality Greens in Westbank at 7:00am.

How Can I Get Involved?

Become a participant OR make a pledge or donation for as much as you can! \$70.00 will help one woman start her own business!

Contact Nicole: rnrustad@shaw.ca
OR 250-212-0774

